

## 1. Formal Details

3.1 Raigarh Ambikapur Health Association (RAHA)

3.2 Project Title: **CONTINUATION OF RAHA'S INTEGRATED RURAL HEALTH PROGRAMME IN EASTERN CHHATTISGARH**

3.3 Project No.: **321-155-1008ZG & 321-155-1009 ZG**

3.4 Reporting period: September 2014 to August 2017.

3.5 The animators, Coordinators and Executive Director are involved in preparing the report. Report from monthly reporting, information from health centre, hospitals and project villages.

## 2. Changes in the project setting

2.1 In May 2014 BJP (NDA) party took over as a ruling party in Indian Union Government. They continue to be the ruling party and we have no major tangible problem in implementing the project.

2.2 We have 2 new Coordinators in the core team as two previous Coordinators completed their contract period. The new coordinators have long standing working relationship with RAHA, one of them functioned as Coordinator for six years in the past and the other as health centre incharge for over six years. They are oriented and comfortable with their new job.

To support RAHA field supervisors in achieving the result of the project 63 village health supervisors were trained who will follow up the activities of RAHA regularly and also monitor the indicators of the project.

The Clinical Establishment Act (CEA) implemented in Chhattisgarh in August 2013 continues to be a concern for RAHA. 70 health centres of RAHA filed registration online in December 2013. 6 health centres of RAHA in Raigarh district got registration for 5 years which will be renewed in 2019. The overall responsibility for registration rests with district collector and chief medical officer.

In Jashpur district the officials are tribal and they support health centres as they know how beneficial is RAHA health centres to poor people. They ask the health centre to do only primary care and refer cases when needed.

In Surguja and Korea they are not friendly and sisters are more on preventive care and early referral.

The Christian Coalition for Health, in Chhattisgarh (CCH-CG) office bearers visits health secretary every six months, in which I am also a member, and request to support our health centres, stressing its importance for the villagers.

Though lot of benefits announced for health and other development through Community Health Centre (CHC), Primary Health Centre (PHC), Sub Centre (SC) there is a big gap between what is said and done.

## 3. Implementing the project and achieving its objectives.

### 3.1 Achievements of the project objective/s

**Objective (1):** Access to health care for the rural population in the above-mentioned districts has improved.

**Indicators:** At least 90% of the inhabitants of the 475 villages have received the necessary vaccinations.

**Activities and its achievements:** 98% pregnant women completed their immunization. 92% children under age of 5 years completed their immunization.

**Objective (2):** The number of unnecessary deaths (for example through malaria) in the targeted districts has decreased.

**Indicator:** The number of deaths caused by malaria has decreased by 50%

**Activities and its achievements:**

|                                                                                  | Sept2014-<br>March 15 | 2015-16 | 2016-17 |
|----------------------------------------------------------------------------------|-----------------------|---------|---------|
| Education on Malaria                                                             | 314                   | 143     | 478     |
| Number of Participants attended health education on Malaria                      | 4892                  | 3447    | 20038   |
| Number of demonstration in villages were herbal medicine preparation for Malaria | 712                   | 118     | 123     |
| Number of persons participated during herbal medicine prepared for malaria       | 8759                  | 2817    | 16579   |
| Malaria cases treated at referral hospital                                       | 7                     | 19      | 34      |
| Malaria cases treated at health camp                                             | 0                     | 59      | 0       |

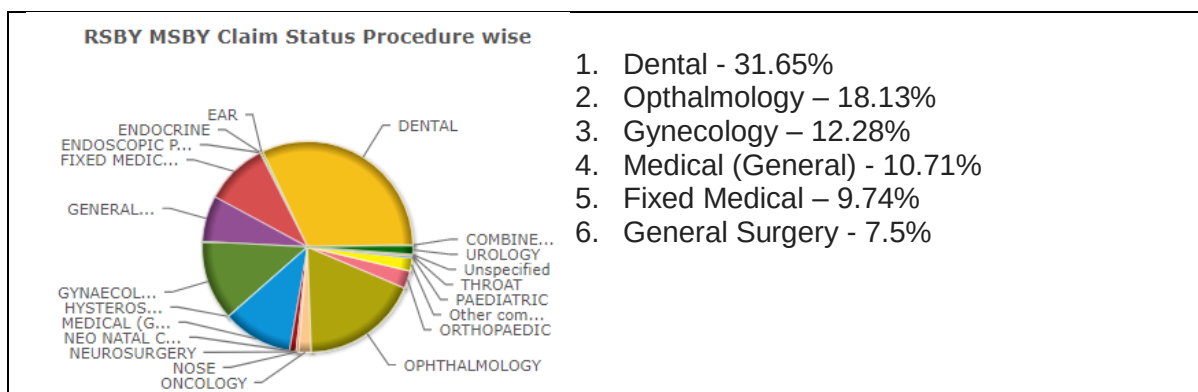
Malaria preventive herbal remedy is prepared in the villages with the participation of people. Mosquito repellent and medicated mosquito net are in short supply as the medicine for the same is not available. Reduced malaria cases and no death reported due to malaria in project area.

**Objective (3):** The rural population in the targeted districts is protected against poverty caused by medical expenses.

**Indicator:** At least 80% of persons living below the poverty line have insurance through the government programmes RSBY and/or are members of the RAHA Community Health Protection Scheme.

**Achievements of activities:**

|                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CHPS enrollment                                           | <b>2014-2015:</b> 78127; <b>2015-2016:</b> 90214; <b>2016-2017:</b> 94917                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Meetings for CHPS / RSBY for awareness and encouragements | 2014-15: meetings 394 – participants 7902<br>2015-16: meetings 345 – participants 10558<br>2016-17: meetings 377 – participants 12905                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Referral to empanelled hospitals and it's benefits        | Referrals:<br>2014-2015 - 575,<br>2015-2016 - 408,<br>2016-2017 - 435.<br>(Detailed report is given below)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| RSBY enrollment status                                    | RSBY Enrolment in RAHA Project area is 60% and RAHA CHPS enrolment 20%. In the state of Chhattisgarh active RSBY enrolled families in 2016-17 is 40% (active smart card 55,62,290) premium Rs. 30/- per 5 family members. The reason for reduced active smart card may be that many families who were enrolled needed to renew their enrolment by paying Rs. 30/- per family every year and the villagers did not do it on time. The government has selected insurance companies with annual contract. The empanelled hospitals are not paid on time which causes many problems. This we know because our referral hospitals are also empanelled in this programme.<br><br>Given below is the pie chart of C.G. RSBY and MSBY (Mukhyamantry Swasthya Bima Yojana) claim status procedure wise. You can very well see that 31.65% claims is for Dental care as many dental clinics are empanelled with RSBY and MSBY and the town rich people avail this facility. This is the same with ophthalmology 18.13%. You can also see the major problems of villagers like Gynecology, medical and surgical care are comparatively low. |



#### 4. Measures to be supported:

##### Activity at village level.

- a. **Conducting training on Non-Communicable Diseases (NCDs) and lifestyle diseases for approximately 950 Village Health Workers (VHWs) and 95 nurses**
  - **Village Health Supervisors (VHSs)** are engaged at the target villages These VHSs support RHC Sister in-charge as well as RAHA field supervisors to encourage people for enrollment in CHPS as well as various activities of RAHA in the villages. They also follow up the activities of RAHA regularly and also monitor the indicators of the project.
  - **619 ongoing trainings** arranged at RHCs in 2014-17, in which 8391 VHWs participated. All VHWs are trained for NCD & Life style diseases – High Blood Pressure, Heart disease, Diabetes, Cancer, Aids, Alcoholism, Arthritis as well as herbal garden, kitchen garden, vermin compost, tree plantation, SRI of paddy cultivation, RSBY and CHPS, SHGs etc. 73 VHWs meeting were attended by field supervisors in 2015-16 in which 863 VHWs were followed up and in 2016-17, 546 meetings attended by field supervisors in which 7528 VHWs were followed up.
  - **Nurses meetings and trainings** – There is nurse's ongoing training and meetings quarterly. Total training and meeting conducted 25 in which 641 sister nurses attended and the topics are different in each training according to their need.
- b. **Conducting awareness raising activities on lifestyle diseases and their symptoms.**
  - **Health Education** - 3925 health education were held and 2,18,668 participants attended on Immunization, Malaria, Tuberculosis, Diarrhea and pneumonia. In these education the topics of Life Style Diseases – diabetes, high blood pressure, heart problem, AIDs, cancer, arthritis and alcoholism were also included.
- c. **Provide health care services to the population via 95 rural health centres: providing medication, continual training for the nurses, organizing meetings, visiting schools to conduct health check-ups on the school children, conducting trainings for teachers, documentation, celebrating International Women's Day, World AIDS day etc.**
  - **95 RHCs covered in 2014-2016**, and 70 RHCs were covered in 2016-2017 upto August. The other RHCs who are not registered under CEA are only referring the patients and engaged with initial care and preventive activities in the project villages. These nurse sisters have also attended ongoing trainings on various topics quarterly. Each RHCs had meeting with VHWs and VHSs every month, this meeting was also followed by Animators. The RHC nurse sisters visit villages frequently. With the CHPS membership fee RHC have Rs.22/- in which she is able to give primary medicines if necessary and refer cases to the empanelled hospital for further treatment. Other unregistered RHCs are counseling to register under CEA for hub & spoke model.
  - **These RHCs sister also going** to schools for school health education, teachers training and support health checkups for school children. Details of the school health education and checkup are as follows:

|                                                              | 2014-2015 | 2015-2016 | 2016-2017                       |
|--------------------------------------------------------------|-----------|-----------|---------------------------------|
| <b>Providing health care services via RHCs</b>               |           |           |                                 |
| RHC covered                                                  | 95        | 95        | 60 RHCs under hub & spoke model |
| Meetings held in RHC                                         | 1586      | 1384      | 2375                            |
| No of participants                                           | 30569     | 46309     | 76431                           |
| Nurses ongoing training                                      |           |           | 9 (274 participants)            |
| Nurses training – outside                                    |           |           | 18                              |
| Fever cases suspected – Malaria                              |           |           | 961                             |
| High Blood pressure                                          |           |           | 106                             |
| Diarrhea                                                     |           |           | 1193                            |
| Respiratory problems                                         |           |           | 2319                            |
| <b>School Health Education and checkup</b>                   |           |           |                                 |
| Number of School visited                                     | 165       | 148       | 181                             |
| Number of students benefited                                 | 26126     | 34678     | 41555                           |
| Number of students treated with deworming – Albendazole tab. | 32053     | 34678     | 41555                           |
| <b>School Eye Screening</b>                                  |           |           |                                 |
| Number of school visited                                     | 140       | 138       | 172                             |
| Number of students eye screened                              | 791       | 680       | 656                             |
| Number of students with visual problems                      | 542       | 358       | 345                             |
| Number of spectacles distributed                             | 503       | 88        | 512                             |
| Number of students referred to eye specialist                | 96        | 61        | 63                              |
| Number of children treated                                   | 180       | 212       | 228                             |

- All field animators with VHWs and VHS visits villagers and encourage and demonstrate to them on various topics for promotion of health and nutrition. Details are as follows -

| Activity                                                             | 2014-2015              | 2015-2016      | 2016-2017 (up to Aug 17) |
|----------------------------------------------------------------------|------------------------|----------------|--------------------------|
| Number of Health Education and beneficiaries                         | 173 (11357 people)     | 702 (17756)    | 944 (40090)              |
| Ready to eat food demonstration                                      | 59 (487 People)        | 7 (208 people) | 11 (235 people)          |
|                                                                      |                        |                |                          |
| Herbal garden in families                                            | 96                     | 153            | 208                      |
| Kitchen garden in families                                           | 462                    | 408            | 538                      |
| Vermin Compost Bed                                                   | 236                    | 111            | 606                      |
| Number of Trees- planted                                             | 4490                   | 1500           | 10727                    |
| No of farmers have - 'SRI Vidhi'- Demonstration of paddy cultivation | 135                    | 159            | 275                      |
| Farmers Training on organic farming                                  |                        |                | 2 (67 farmers)           |
| Meeting related to SHG                                               | 394 SHG (5237 members) | 67 (1239)      | 176 (1583)               |
| No. of Insecticide Treated bed Net (ITNs)                            | 5194                   | 295            | 316                      |
| Built 5% module of water reservoir                                   |                        |                | 78                       |
| Maintenance of old 5% module of water reservoir                      |                        |                | 29                       |
| <b>Health Education on</b>                                           | 2014-15                | 2015-16        | 2016-17                  |

|                                                                                                                                                                                                                                                                                                                                             |                        |                                              |                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------------------------|----------------------------------------|
| Pneumonia                                                                                                                                                                                                                                                                                                                                   | 72 (945 people)        | 22 (536)                                     | 35 (1002)                              |
| Tuberculosis (TB)                                                                                                                                                                                                                                                                                                                           | 82 (1375 people)       | 107 (3355)                                   | 142 (12617)                            |
| Diarrheal diseases                                                                                                                                                                                                                                                                                                                          | 48 (641 people)        | 64 (1395)                                    | 91 (2196)                              |
| Rheumatic Fever                                                                                                                                                                                                                                                                                                                             | 35 (452 people)        | 0                                            |                                        |
| Life Style Diseases                                                                                                                                                                                                                                                                                                                         | 282 (5648 people)      | 198 (5562)                                   | 2375 village meetings (76431)          |
| Information on Immunization (Number of meetings / participants)                                                                                                                                                                                                                                                                             | 0                      | 74 (1750)                                    | 68 (1594)                              |
| % of immunization completed in project villages                                                                                                                                                                                                                                                                                             | 90%                    | 89.89% of female and 89.88% of male children | 92%                                    |
| <b>Village Health Camp</b>                                                                                                                                                                                                                                                                                                                  |                        |                                              |                                        |
| Number of health camp                                                                                                                                                                                                                                                                                                                       | 61                     | 41                                           | 40                                     |
| Number of Person Screened                                                                                                                                                                                                                                                                                                                   | 3669                   | 2135                                         | 1724                                   |
| Treated at camp site with medicine                                                                                                                                                                                                                                                                                                          | 260                    | 235 (59 case of suspected malaria)           | 813                                    |
| For the problems – gastric problems, joint pain, kidney infection, anemia, irregular menstrual cycle, hypertension and hypotension, weakness and anemia, Ear pain with puss discharge, scabies, arthritis, toothache, mumps, Eczema, cough with cold, body pain, chest pain, headache, joint pain, low back pain, fever with body pain etc. |                        |                                              |                                        |
| Referred to further treatment                                                                                                                                                                                                                                                                                                               | 355                    | 210                                          | 88                                     |
| De-worming with Albendazole                                                                                                                                                                                                                                                                                                                 | -                      | 1706                                         | 2354                                   |
| <b>Eye Screening Camp at villages</b>                                                                                                                                                                                                                                                                                                       |                        |                                              |                                        |
| Total camp                                                                                                                                                                                                                                                                                                                                  | 71                     | 47                                           | 49                                     |
| Persons Screened                                                                                                                                                                                                                                                                                                                            | 1530                   | 918                                          | 684                                    |
| Persons treated at camp site                                                                                                                                                                                                                                                                                                                | 261                    | 105                                          | 83                                     |
| Persons advised for spectacles                                                                                                                                                                                                                                                                                                              | 176                    | 332                                          | 242                                    |
| Person received spectacles                                                                                                                                                                                                                                                                                                                  | 752                    | 207                                          | 115                                    |
| Persons referred                                                                                                                                                                                                                                                                                                                            | 557                    | 150                                          | 97                                     |
| <b>Other Trainings</b>                                                                                                                                                                                                                                                                                                                      |                        |                                              |                                        |
| Trainings for teachers                                                                                                                                                                                                                                                                                                                      | With school health 330 | With school health 296                       | 7 (161 Teachers for two days training) |
| Trained - Village Health Supervisors (VHSs)                                                                                                                                                                                                                                                                                                 | 63                     |                                              |                                        |
| <b>Tuberculosis Control Programme ( programme supported by CARE India 2010-2016)</b>                                                                                                                                                                                                                                                        |                        |                                              |                                        |
| Number of referral patients                                                                                                                                                                                                                                                                                                                 | 769                    | 578                                          | Project closed with care               |
| Sputum collection for AFB                                                                                                                                                                                                                                                                                                                   | 1154                   | 500                                          | 4 with CHPS                            |
| Sputum diagnosed                                                                                                                                                                                                                                                                                                                            | 1154                   | 502                                          | 4 with CHPS                            |
| TB positive patients                                                                                                                                                                                                                                                                                                                        | 136                    | 68                                           | 4 with CHPS                            |
| TB positive patients who on DOTs treatment                                                                                                                                                                                                                                                                                                  | 136                    | 68                                           | 4 with CHPS                            |
| Number of patients retraced with defaulters and given DOTs treatment                                                                                                                                                                                                                                                                        | 0                      | 99                                           |                                        |
| <b>High Blood Pressure</b>                                                                                                                                                                                                                                                                                                                  |                        |                                              |                                        |
| Blood Pressure checked                                                                                                                                                                                                                                                                                                                      | 3072                   | 1968                                         | 1686                                   |
| High B.P. Found                                                                                                                                                                                                                                                                                                                             | 187                    | 210                                          | 185                                    |
| Patients treated at camp for High Blood Pressure & referred to Hospital                                                                                                                                                                                                                                                                     | 187                    | 210                                          | 185                                    |

|                                                                          |                             |         |                       |
|--------------------------------------------------------------------------|-----------------------------|---------|-----------------------|
| <b>Hospital treatment</b>                                                | 2014-15(Sep 14 to March 15) | 2015-16 | 2016-17(up to Aug-17) |
| Referred beneficiaries                                                   | 355                         | 408     | 627                   |
| <b>Specific diseases</b>                                                 |                             |         |                       |
| Malaria                                                                  | 5                           | 12      | 21                    |
| Malaria with enteric fever                                               | 1                           | 5       | 3                     |
| Malaria with anemia                                                      | 1                           | 2       | 2                     |
| Enteric fever (typhoid)                                                  | 8                           | 6       | 13                    |
| Anemia                                                                   | 14                          | 10      | 12                    |
| Gastrointestinal Infection                                               | 10                          | 13      | 13                    |
| Tuberculosis                                                             | 1                           | 4       | 4                     |
| Hypertension                                                             | 63                          | 3       | 9                     |
| Diabetes Mellitus                                                        | 8                           | 4       |                       |
| <b>Support for disabled persons</b>                                      |                             |         |                       |
| Disabled Identified                                                      | 5429                        | 5916    | 6715                  |
| Blind adult identified                                                   | 91                          | 91      | 91                    |
| Blind children identified                                                | 131                         | 131     | 131                   |
| Blind adult trained with income generation skills                        | 27                          | 2       | 1                     |
| Blind children who is receiving education                                | 25                          | 25      | 25                    |
| Blind children engaged with residential school                           | 5                           | 5       | 7                     |
| Orthopedically handicapped who are operated and corrected                | 7                           | 2       | 3                     |
| Cerebral palsy children who is receiving home care                       | 17                          | 17      | 25                    |
| Number of disabled person who was helped to get disability certificate   | 2769                        | 2327    | 5327                  |
| Number of disabled person who was helped to get bus-pass for free travel | 1332                        | 1976    | 3053                  |
| Disabled Peoples Organization (DPO) trained for self advocacy            | 32                          | +28     | +18                   |
| Disabled who get professional education                                  | 1 (female)                  |         | 1                     |

#### Documentation:

##### Project no. 321-155-1009 ZG :

RAHA purchased – Computers- 6, Server with accessories- 1, Air Conditioner- 6, Data pone (Tablet)-20, motor bikes- 18, Furniture and equipment in order to get document the field activities as well as to reach village with some ease.

All staff received tablet and motorbike for their work. Server with accessories was kept in RAHA office Pathalgaon for recording the field details.

**Celebrating International Days –**

RAHA marks important events in order to bring awareness to the villagers. During these events the theme is highlighted and important information shared. Some of the events are International Women's Day – 8 Mar, World TB Day- 24 Mar, World Health Day- Apr-7, World Environment Day - 5 June, World Adivasi Day – 9 Aug, World AIDS Day- 1 Dec, World Disability Day 3 December.

**Collaboration with Other agencies**

**RAHA collaborates** with Liliane Foundation through Jan Vikas Samiti (JVS) for the Children and Youngsters with Disabilities.

With CARE India, RAHA worked for Tuberculosis Advocacy, Communication and Social Mobilization (ACSM) from 2014-2016. Now RAHA is working with CARE India for "Where the Rain Falls (WtRF)" from 2016 June onwards. WtRF project which is a community based adaptation (CBA) to increase resilience of Adivasi women to shocks and stresses around water owing to climate change in Jashpur District Chhattisgarh State. This project aims at empowering 3000 Adivasi women and girls and their households, in 40 villages of Bagicha and Pathalgaon Blocks of Jashpur Districts in C.G. It also deals with Adivasi women's access, control and management of natural resources, to improve soil, land, water and forest management with community participation in 40 project villages.

**RAHA continue with UNICEF**-Raipur since Nov 2015 for Strengthening SABLA Programme with the support of RAHA -A Demonstration at Lakhanpur block of Surguja district.

**RAHA Inclusive Education** Programme (IEP) is continued for teaching blind children with no fund support from outside.

**Evaluation:** During this project period there was no formal evaluation done except an external financial audit by MISEREOR, C.A.M. Kandasami sent his team from Kolkata for the same.

Working with RAHA in the capacity of Executive Director for the last 17 years I see visible changes in the project area especially with women who are greatly empowered to manage a family even economically and come forward in the society. As the women of the area become better educated, the families have a renewed focus on education, sanitation and health. This has reduced migration rates by 15% and brings development home.

'Strengthening SABLA Programme with the support of RAHA -A Demonstration at Lakhanpur block of Surguja district' in collaboration with UNICEF has prevented 61 child marriages which is a great achievement for RAHA and the District of Surguja, Ambikapur.

I also take help of CHAI in difficulties especially with Clinical Establishment ACT (CEA), searching for resource persons and take part in their annual general board meeting etc. I appreciate their willingness to help whenever needed. To work in a rural tribal area one needs patience, endurance and great passion for people, readiness and interest to hard work and willing to travel deep into villages and be with simple people. This is also true that people need encouragement, accompaniment and reinforcement of what they have learnt. Thus the health and development programme of RAHA for tribal and the poor will need continuity.

I Express my deep sense of gratitude and appreciation to MISEREOR, Germany especially for Asia Desk persons for their understanding and good relationship with RAHA.

Sr. Elizabeth Nalloor  
Executive Director  
RAHA.